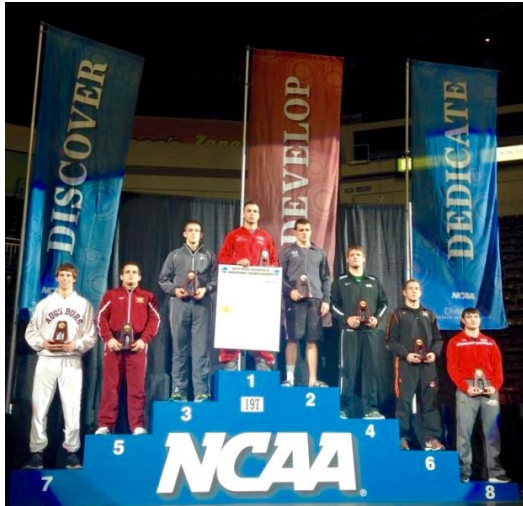


Entering our 20th Season
38 NY State Champions
107 Suffolk County Champions

Open to All Elwood Students

TRAIN TO BE A CHAMPION...

REGISTER NOW!!



2015 National Champion Joe Giaramita
(2011 Elwood -John Glenn Graduate)



ELWOOD YOUTH WRESTLING Home of the Blue Wave

- Strengthen and condition your body
- Increase your self-confidence
- Cross-Train to improve overall athletic performance
- Prepare for the upcoming season

REGISTRATION/PRACTICE INFO

All registration is now online at

<http://www.bluewavewrestling.org>.

PayPal account or credit card is required.

Practice Location: John Glenn HS Wrestling Room or Elwood MS

START—>END DATE: Mid-November thru late March

DAYS/TIME: Dependent on age or grade. Will provide update 2 weeks before season

JGHS FOOTBALL COACH Dave Shanahan— "Many of my football players have also wrestled and are always extremely tough on the field."

Former Blue Wave Alumni

Kevin Massa—Lacrosse 2x D1 All American

Joe Giaramita—Wrestling 3x NCAA All American/NCAA D3 Champion

Ken Meinsen—Lacrosse 2x NJCAA All American

Louis Puca—Wrestling 2x NCAA All American

James Dekrone—Wrestling NJCAA National Champion

For further information:

Tom Giaramita at tom@bluewavewrestling.org

<http://www.bluewavewrestling.org>

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